

Nick Young, Elizabeth Jean, Teresa A. Citro

# From Head to Heart

*High Quality Teaching Practices in the Spotlight*

SERIES IN EDUCATION

## About the author

**Dr. Nicholas D. Young** has worked in diverse educational roles for more than 29 years, serving as a principal, special education director, graduate professor, graduate program director, graduate dean, and longtime superintendent of schools. He was named the Massachusetts Superintendent of the Year, and he completed a distinguished Fulbright program focused on the Japanese educational system through the collegiate level. Dr. Young is the recipient of numerous other honors and recognitions including the General Douglas MacArthur Award for distinguished civilian and military leadership and the Vice Admiral John T. Hayward Award for exemplary scholarship. He holds several graduate degrees including a PhD in educational administration and an EdD in educational psychology. Dr. Young is also a regular presenter at state, national, and international conferences; and he has written many books, book chapters, and/or articles on various topics in education, counseling, and psychology.

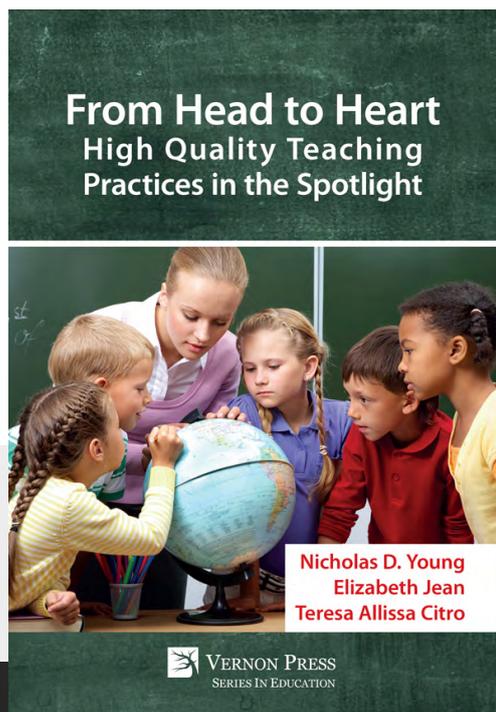
**Dr. Elizabeth Jean** has served as an elementary school educator and administrator in various rural and urban settings in Massachusetts for more than 20 years. As a building administrator, she has fostered partnerships with families, various local businesses, and higher education institutions. She is currently a graduate adjunct professor at the Van Loan School of Education, Endicott College and previously taught at the College of Our Lady of the Elms. In terms of formal education, Dr. Jean received a BS in education from Springfield College; a MEd in education with a specialization in reading from the College of Our Lady of the Elms; and an EdD in curriculum, teaching, learning, and leadership from Northeastern University. She has written extensively on a variety of educational topics from preschool through PhD.

**Dr. Teresa Allissa Citro** is the Chief Executive Officer, Learning Disabilities Worldwide, Inc. and the Founder and President of Thread of Hope, Inc., She is a graduate of Tufts New England Medical School and Northeastern University,

Boston. Dr. Citro has co-edited several books on a wide range of topics in special education, and she co-authored a popular children's series *I Am Full of Possibilities*. Furthermore, Dr. Citro is the co-editor of two peer review journals including *Learning Disabilities: A Contemporary Journal* and *Insights on Learning Disabilities from Prevailing Theories to Validated Practices*. She is the mother of two young children and resides in Boston, Massachusetts.

## Summary

It is widely acknowledged that today's teachers are tasked with educating increasingly diverse students as well as addressing their academic and social-emotional needs. This book examines cutting-edge teaching practices that make a difference in improving general educator and/or student performance across the grade spans. The emphasis is placed on research-based strategies, practices, and theories that can be readily translated into classroom practice. *From Head to Heart: High Quality Teaching Practices in the Spotlight* considers the importance of more personal topics within the teaching field, such as teacher wellness, as well as including information on effective teaching practices that seek to inspire and empower students and teachers. This book will be of interest to those that work within a pedagogical environment as well as university students and parents, alike.



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