FORGET ME NOT

The Neuroethical Case Against Memory Manipulation

Peter A. DePergola II

Cognitive Science and Psychology



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"There is something quite definite I have to say, and I have it so much upon my conscience that ... I dare not die without having uttered it. For the instant I die and so leave this world ... the question will be put to me: 'Hast thou uttered the definite message quite definitely?' And if I have not done so, what then?"

- Søren Kierkegaard, Papers and Journals: A Selection

"You think you have [memory], but it has you. ..."

- John Irving, A Prayer for Owen Meany

"There was a long hard time when I kept far from me the remembrance of what I had thrown away when I was quite ignorant of its worth."

- Charles Dickens, Great Expectations

"Memory is the scribe of the soul."

- Aristotle, On Memory

"Thence entered I the recesses of my memory, those manifold and spacious chambers, wonderfully furnished with innumerable stores; and I considered, and stood aghast. ..."

- Augustine of Hippo, Confessions, Bk. XIII

"Gatsby believed in the green light, the orgastic future that year by year recedes before us. It eluded us then, but that's no matter – tomorrow we will run faster, stretch out our arms farther. ... And one fine morning — So we beat on, boats against the current, borne back ceaselessly into the past.

- F. Scott Fitzgerald, The Great Gatsby

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ABSTRACT

An increasingly blurred understanding of the moral significance of accurate and authentic autobiographical memory for an adequate apprehension of self, other, and community suggests a critical need to explore the inter-relationships shared between autobiographical memory, emotional rationality, and narrative identity in light of the contemporary possibilities of memory manipulation (MM), particularly as it bears on ethical decision making. Grounding its thesis in four evidential effects – namely, (i) MM disintegrates autobiographical memory, (ii) the disintegration of autobiographical memory degenerates emotional rationality, (iii) the degeneration of emotional rationality decays narrative identity, and (iv) the decay of narrative identity disables one to seek, identify, and act on the good – the book argues that MM cannot be justified as a morally licit practice insofar as it disables one to seek, identify, and act on the good.

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Writing this book required years of reflection on the moral significance of memory. Now that it is finished, I want to thank those who helped to create so many of the most beautiful and formative memories I have.

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I owe reverence and gratitude, finally, to my loyal patrons, Saints Augustine and Thomas Aquinas, whose intercession aided in pointing out the beginning, directing the progress, and helping in the completion of this work.

FOREWORD: NEUROETHICS & MEMORY MANIPULATION

Gerard Magill, Ph.D., Vernon F. Gallagher Chair, Center for Healthcare Ethics, Duquesne University

A bold stance that challenges received wisdom is a difficult endeavor for the best of writers. The author sets out on an exciting pathway to write an imaginative and original analysis of the relation between memory, emotion, identity and ethical decision-making. Being the first major book on this extraordinary subtle interaction, the reader not only evidences brinkmanship on the cutting edge of neuroscience but also offers a tour de force on moral normativity. In this astute study on the ethics of memory manipulation, there is a breathtaking view of over fifty years of memory research interpreted through the philosophical lens of normative ethics.

The outcome is dramatic and strategically significant. The drama accompanies a rigorous ethical defense of an absolutist position against memory manipulation, such as for patients suffering from PTSD or addiction. Hopefully, those who may be surprised at or opposed to such a counter-cultural stance will recognize the cautious and temperate analysis that carefully and precisely presents both sides of the ethical debate on memory manipulation. The strategic significance of the argument emerges from a persistent consideration of the evidence by a skilled researcher who started out in favor of memory manipulation only to be led by the data to oppose it, and strenuously so. Here is a master ethicist at work, balancing each side, presenting fair and accurate perspectives of the debate, perceptively seeing difficulties that have gone unnoticed, and pivoting to a conclusion that was as startling to the author as it may be to the reader. The outcome is stark: memory manipulation cannot be justified as an ethical medical practice - the noble goals to support and treat patients whose suffering elicits xviii Foreword

heart-wrenching compassion cannot be justified by what should be construed as immoral means of treatment. It could have been much more palatable for the author to have argued in favor of the mainstream defense of memory manipulation in the medical profession, as was his initial instinct at the start of the project. Yet, the study demonstrates how complex the topic is to grapple with intellectually and professionally. Fortunately, the clarity of writing and amenable manner of arguing present an approach that will be accessible to health professionals, researchers and scholars, as well as teachers and students.

To appreciate the contribution of this challenging and novel work, it can help to situate its charge within the broader context of bioethics and neuroscience, typically referred to as neuroethics. Over recent years, there has been a substantive increase in published works on neuroethics. They can be broadly categorized as follows. The appearance of several handbooks of neuroethics highlights the increasing appeal of this field both to professional ethicists and to a general audience insofar as these texts cover a wide variety of topics with scientific, medical, ethical, legal, and social implications, such as related to consciousness, intention and responsibility, or to aging and dementia.1 Interestingly, the advances in neuroethics are so expansive that already the impact upon higher education policy is under consideration. Not surprisingly, much of the recent literature deals with interdisciplinary issues about treatment and practical case studies in neuroscience, of which there is an abundance.³ Also, the reciprocal impact of neuroethics discourse on theology and philosophy receives considerable scrutiny.⁴ And the significance of neuroscience for morality itself presents captivating insights about the genesis and function of processes in ethical discernment, not only regarding the role of emotions and reason but also regarding the impact of moral cognition upon social conduct.⁵ Predictably, the technological developments in neuroscience, including discoveries in nanotechnology and the neuroethics of biomarkers around breakthroughs in the human genome, ⁶ promise a fascinating future with the anticipation of exciting new social frontiers and ethical challenges.7

On such an expansive landscape of neuroethics this book makes its mark, and it is a very distinctive one to behold. The creativity and perspicacity of the analysis on the ethics of opposing memory manipulation is woven together with a treasure trove of classical writers, from ancient times onwards, whose time-tested insights shed Foreword xix

light on this new topic that most could never have imagined. The list of giants is extensive, including Plato and Aristotle, Hume and Descartes, Dostoyevsky and Shakespeare, Freud and Heidegger, Husserl and William James, Kant and Locke, Nietzsche and Nussbaum, Pascal and Rawls, Ricoeur and Rorty, Sartre and Scheler, Charles Taylor and Wittgenstein, MacIntyre and McCormick.

The conversation with these greats enlightens and bolsters the analysis to yield a rich tapestry of scholarship that projects a clearminded message to establish the significance of the work: memory manipulation cannot be morally justified and therefore its practice must cease - even the best of good ends do not justify immoral means. Taking bad, haunting memories away in an immoral manner simply compounds the original physical, emotional, mental harm with a moral harm that disintegrates identity, compromises values, and constitutes a morally corrosive approach to a profoundly human need. But such a bold stance does not bear any callousness for the many patients in dire need of treatment that memory manipulation has sought to address. Rather, the clarity of the ethical posture necessarily challenges professionals and society to up the game so to speak to provide urgent medical and social support for those who may see some relief in memory manipulation. The author faces up steadfastly to the implications of rejecting memory manipulation: there is a dire need to radically increase investment in and support for mental healthcare, especially in this fastdeveloping field of neuroscience where ethics has so much to contribute.

Notes

- 1. See, for example, Matthew Rizzo, Matthew, et al., eds., *The Wiley Handbook on the Ageing Mind and Brain* (Wiley-Blackwell, 2018); L. Syd M. Johnson, Karen S. Rommelfanger, eds., *The Routledge Handbook of Neuroethics* (Routledge, 2017); Jens Clausen, Neil Levy, *Handbook of Neuroethics* (New York: Springer, 2014); Judy Illes, Barbara J. Sahakian, eds., *The Oxford Handbook of Neuroethics* (New York: Oxford University Press, 2013); Robert H. Blank, *Intervention in the Brain: Politics, Policy and Ethics* (Cambridge, MA: MIT Press, 2013); John Bickle, ed., *The Oxford Handbook of Philosophy and Neuroscience* (New York: Oxford University Press, 2013).
- 2. See, Dana Lee Baker, Brandon Leonard, *Neuroethics in Higher Education Policy* (Palgrave MacMillan, 2016).
- 3. See, for example, Robert J. Sternberg, Susan T. Fiske, *Ethical Challenges in the Behavioral and Brain Sciences. Case Studies and Commentaries* (New York: Cambridge University Press, 2015); Anjan Chaterjee, Martha J. Farah, eds., *Neuroethics in Practice* (New York: Oxford University Press, 2013); Elis-

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abeth Hildt, Andreas G. Franke, eds., *Cognitive Enhancement: An Interdisciplinary Perspective* (New York: Springer, 2013); Eric Racine, *Pragmatic Neuroethics: Improving Treatment and Understanding of the Mind-Brain* (Cambridge, MA: MIT Press, 2010).

- 4. See, for example, Geran F. Dodson, Free Will, Neuroethics, Psychology and Theology (Wilmington, Delaware: Vernon Press, 2017); Neil Messer, Theological Neuroethics: Christian Ethics Meets the Science of the Human Brain (New York: T&T Clark, Bloomsbury, 2017); E. Fuller Torrey, Evolving Brains, Emerging Gods. Early Humans and the Origins of Religion (New York: Columbia University Press, 2017); Thomas M. Crisp, et al., Neuroscience and the Soul. The Human Person, in Philosophy, Science and Theology (Eerdmans, 2016); Nasda Gligorov, Neuroethics and the Scientific Revision of Common Sense (New York: Springer, 2016); Tibor Solymosi, John R. Shook, eds., Neuroscience, Neurophilosophy and Pragmatism: Brains at Work with the World (Palgrave MacMillen, 2014); Charles T. Wolfe, ed., Brain Theory: Essays in Critical Neurophilosophy (Palgrave MacMillan, 2014); James J. Giordano, Bert Gordijn, eds., Scientific and Philosophical Perspectives in Neuroethics (New York: Cambridge University Press, 2010); Andrew B. Newberg, Principles of Neurotheology (Routledge, 2010).
- 5. See, S. Matthew Liao, ed., *Moral Brains: The Neuroscience of Morality* (New York: Oxford University Press, 2016).
- 6. See, Matthew L. Baum, The Neuroethics of Biomarkers. What the Development of Bioprediction Means for Moral Responsibility, Justice, and the Nature of Mental Disorder (New York: Oxford University Press, 2017); Sean Hays, et al., eds., Nanotechnology, the Brain, and the Future (New York: Springer, 2013).
- 7. See, for example, Judy Illes, ed., *Neuroethics: Anticipating the Future* (New York: Oxford University Press, 2017); Eric Racine, John Aspler, eds., *Debates about Neuroethics: Perspectives on its Development, Focus, and Future* (New York: Springer, 2017); Andrea Lavazza, ed., *Frontiers in Neuroethics* (England: Cambridge Scholars Publishing, 2016).

INTRODUCTION: THE FALSE HOPE OF DELIBERATE FORGETTING

Perhaps foremost among the controversial possibilities of cognitive neuroscience is the capacity to interrupt the reconsolidation of autobiographical memories, thereby "dampening" the acuteness of emotions associated with painful, and often perpetually traumatic, experiences of past events. The use of pharmacologicals to extinguish the sting of traumatic memories is but one of the current pathways being explored in the name of benevolent therapy. Others include the implantation of false memories to alter or replace those considered unsavory, and targeted electroconvulsive and surgical techniques to delete specific recollections of the past. Amid a field of gray matter, this book takes an absolutist position, and argues that any technique employed to directly and intentionally erase episodic memory poses grave neuroethical threats to the human condition that cannot be justified within a normative moral calculus.

In its steadfast cultivation of increasingly effective and permanent memory manipulation techniques, modern neuroscience ominously mirrors the Homeric tale of Odysseus's unanticipated visit to the land of Lotus-eaters, whose inhabitants repeatedly consume the flowery plant to render themselves forgetful of everything once known, blissfully careless of all. As the epic goes, Odysseus's shipmates, desiring to share in the euphoria of the natives, follow suit in consumption of the plant. Yet they receive only a blurry, amoral reality in return. While the plant successfully eradicates the episodic memories of the shipmates, it also expunges the positive and beneficial desire to engage in human relationships, thereby decorticating them of any corresponding sense of moral responsibility. The scene concludes with Odysseus dragging his shipmates, against their will, back into the boat as they wail in rebellion, pleading for one more taste of self-annihilation.

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